Exercises for promoting dexterity in the various positions

I A String
II D String
III G String
IV C String

remain—Stay in given position until a fingering indicates change of position

Henry Schradieck
Edited for Viola by
Samuel Lifschey

Exercises on One String

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Exercises to be practiced with wrist movement only, keeping the right arm perfectly quiet
Exercises on Three Strings
VI
Exercises on Four Strings

retain fingers on string wherever possible